

Be Upstanding – Bystander Intervention Training

Bystanders of bullying, harassment, discrimination or other potentially harmful situations, are facing the choice to intervene in some sort of way – or stand by.

This workshop will explore how to recognise these situations and the options to positively influence the outcome of the situation

Audience

This course is for participants to improve their ability to recognise potential harmful cues and positively influence the situation.

Outcomes

Learn how to:

- Use a common language to have upstanding conversations
- Engage in slow thinking and curious enquiry to facilitate long-term sustainable behavioural change
- Deal with resistance in an effective and constructive way
- Know when to use upstanding conversations and when not to, managing personal safety.

Tailored group training - in-house or through virtual workshops

Ask us how we will tailor this program to your organisation or team.

Benefits are that we tailor the:

- *Content* to suit your organisation's needs.
- *Delivery* to reflect your procedures, values, examples and terminology, which encourages participants to apply their new skills in their roles.
- *Duration* to suit the availability of your team members and your budget.

Tailoring is mostly for free and always economical as costs are based on a per day delivery and not per participant.

Request a quote

Please call 1300 655 098 to ask us how we can tailor a program to your needs.

Alternatively, email us at info@icml.com.au or start a 'chat' on our website icml.com.au/.

Virtual Workshops

We deliver programs in interactive, live online workshops, accessible from a device anywhere.

Highly impactful learning

- Replicating face-to-face workshop experiences through conferencing technology.
- Using extra features for engagement: polls, quizzes, chat, electronic whiteboard.
- Learning in multiple shorter bursts – allowing practice between sessions.

Benefits of virtual workshops

- Attend the training from the comfort of home or personal workstation.
- No travel time or expenses.
- Multiple short sessions – less impact on work.

Simple access

- You need: a device with camera and a quiet place.
- No software needed.
- Click on a link to gain access.
- Works on any personal device and most corporate systems.

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