ICML
INSTITUTE FOR COMMUNICATION MANAGEMENT AND LEADERSHIP



HR AND WELLBEING

Psychological Safety for Employees – Speak Up and Speak Out

Help employees speak up, share ideas and contribute to a psychologically safe team.

WHO IT'S FOR

Employees at every level who want to speak up and contribute.

DURATION

1 day, or tailored to your needs

FORMAT

On-site: we come to you, virtual or hybrid.

PARTICIPANTS WILL DEVELOP THE SKILLS TO

- Explain what psychological safety is and why it matters
- Recognise assertive, passive and aggressive behaviour
- Give and receive candid feedback respectfully
- Identify what holds them back from speaking up
- Handle difficult situations calmly and constructively
- Solve problems with colleagues and strengthen relationships

ABOUT THIS PROGRAM

In teams where people hold back, good ideas stay unspoken, concerns go unraised and mistakes are hidden. Our psychological safety training gives every employee the skills to speak up. Participants learn to recognise assertive, passive and aggressive behaviour, give and receive candid feedback, identify what holds them back and handle difficult situations constructively. They return to work able to share ideas, raise concerns and strengthen relationships, in a team shaped around what your organisation needs.

Tailored to your organisation

We build in your values, code of conduct and the ways your people raise concerns, so the learning fits how your organisation works.

Talk to us about this program

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Enquire online