ICML
INSTITUTE FOR COMMUNICATION MANAGEMENT AND LEADERSHIP



COMMUNICATION AND INTERPERSONAL SKILLS

# Public Speaking

Build the confidence and presence to speak persuasively to any audience.

### WHO IT'S FOR

Leaders and professionals who speak at events, briefings and formal occasions.

### DURATION

1 day, or tailored to your needs

### FORMAT

On-site: we come to you, virtual or hybrid.

## PARTICIPANTS WILL DEVELOP THE SKILLS TO

- Manage nerves and turn adrenaline into energy
- Build presence through posture, gesture and eye contact
- Use your voice with control, pace and variety
- Speak without slides or a script, using simple notes
- Structure a speech that is easy to follow and remember
- Speak persuasively to audiences large and small

## ABOUT THIS PROGRAM

A leader dreads the conference panel. A town hall speech is read from notes and loses the room. A request to say a few words at a farewell brings on panic. Our public speaking training focuses on the speaker: your presence, your voice and your confidence in front of an audience. Participants learn to manage nerves, build presence through posture, gesture and eye contact, use their voice with control and speak without relying on slides or a script. They speak many times with coaching, so they leave confident to stand up and be heard.

### Tailored to your organisation

We build in the occasions your people actually speak at, from team briefings and town halls to conferences, awards and community events.

> "Suzanne's delivery of what can be confronting topics was exceptional, made everyone feel comfortable and safe and we walked away with tools to improve our communication.
>
> Hinternoosa – Sirah

**Talk to us about this program**

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Enquire online