ICML
INSTITUTE FOR COMMUNICATION MANAGEMENT AND LEADERSHIP



PERSONAL EFFECTIVENESS

Self Leadership

Build the self-awareness and self-management to take ownership of your own performance.

WHO IT'S FOR

Employees who want to take more ownership of their performance and growth.

DURATION

1 day, or tailored to your needs

FORMAT

On-site: we come to you, virtual or hybrid.

PARTICIPANTS WILL DEVELOP THE SKILLS TO

- Understand your strengths, values and working style
- Set meaningful goals and keep yourself on track
- Take ownership of your results and your development
- Manage your motivation, focus and emotions under pressure
- Seek and use feedback to keep improving
- Take initiative and influence outcomes without authority

ABOUT THIS PROGRAM

Some people wait to be told what to do, and others stay busy without moving towards what matters. Our self leadership training helps participants understand their strengths and habits, set clear goals and take responsibility for results without needing close direction. They practise self-management, motivation and accountability, and leave with a plan for their own development that they can start on straight away. The result is people who take initiative, handle feedback well and need less direction to do their best work.

Tailored to your organisation

We build in your values, performance framework and career pathways, so participants connect self leadership to the way your organisation works.

> "Loved Mechelle's presentation and facilitating style – this course was excellent!"
>
> Hub Australia – Ryan

Talk to us about this program

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Enquire online